

Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI, DipACLM, CHWC
School of Health Professions
Lifestyle Health Sciences
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Area of Expertise

Dr. Teresa Wagner graduated with a Doctorate in Public Health from the University of North Texas Health Science Center where she is an Assistant Professor in the School of Health Professions and Clinical Executive for Health Literacy at SaferCare Texas. She holds a Bachelor's Degree in Dietetics from Texas Christian University and Master's Degree in Nutrition from Texas Woman's University.

Dr. Wagner is a registered and licensed dietitian and a member of the Academy of Nutrition and Dietetics as well as the Texas Academy of Nutrition and Dietetics. She is certified in public health and a certified community health worker instructor. As a clinician, she was recently certified in Lifestyle Medicine and Health Coaching. During Covid-19, Dr. Wagner has completed multiple media segments, webinars and blog posts addressing nutrition for population health as well as personal wellness while practicing self-isolation. She has received both the Media Award and Distinguished Scientist Award from the Texas Academy of Nutrition and Dietetics.

In her role at SaferCare Texas, she has established a multi-stakeholder health literacy collaborative with the DFW Hospital Council Foundation and testified on health literacy legislation in Texas. Her testimony helped place health literacy into the State Health Plan. Recently, she developed the health literacy policy resolution for the Texas Public Health Association. She has delivered multiple programs, speaking engagements and trainings on health literacy issues. Currently, she teaches Health Literacy & Communication in the Lifestyle Health Sciences Program. As a result of her work locally, regionally & nationally, she received the 2018 Texas Health Literacy Hero Award as well as the 2020 Distinguished Alumni Award from Texas Christian University.

Qualifications

BS in Dietetics, Texas Christian University
MS in Nutrition/Food/Dietetics, Texas Woman's University
DPH, UNT Health Science Center

Publications

What About Mom? Health Literacy and Maternal Mortality

Wagner, T., Stark, M. & Raines Milenkov, A., 2 Jan 2020, In: Journal of Consumer Health on the Internet. 24, 1, p. 50-61 12 p.

Postpartum Education and Health Literacy: New Moms' Perspectives

Wagner, T., Thompson, E. L., Gadson, A., Stark, M., Bush, K. & Raines-Milenkov, A., 2020, In: Journal of Consumer Health on the Internet. 24, 4, p. 346-359 14 p.

Incorporating Health Literacy Into English as a Second Language Classes

Wagner, T., 1 Jul 2019, In: Health literacy research and practice. 3, 3, p. S37-S41

Addressing Systemic Health Literacy Issues and Patient Safety through a Grassroots Collaborative

Wagner, T. & Howe, C., 2 Jan 2019, In: Journal of Consumer Health on the Internet. 23, 1, p. 62-69 8 p.

Health Literacy for an Aging Population: Evaluating Online Tools for the Homebound over Age 65

Wagner, T., Blevins, D., Lopez, J. & Liu, J., 2 Oct 2018, In: Journal of Consumer Health on the Internet. 22, 4, p. 371-381 11 p.

Implantable Medical Device Website Efficacy in Informing Consumers Weighing Benefits/Risks of Health Care Options

Wagner, T., Lindstadt, C., Jeon, Y. & Mackert, M., 1 Aug 2016, In: Journal of Health Communication. 21, p. 121-126 6 p.

Medical Foods: An Investment in the Future of Children With Inborn Errors of Metabolism

Wagner, T. & Carlson, E., 6 Jun 2015, In: Infant, Child, and Adolescent Nutrition. 7, 3, p. 129-130 2 p.

Sponsored Projects

Abating Maternal Mortality: Development of an Innovative Curriculum

Wagner, T.

Asso of Teachers of Mtrnl & Chld Health

1/11/18 → 31/05/19

Creating Solutions for a Healthier Community: A Proposal to Host NN/LM's SCR RML

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NLM: National Library of Medicine

1/05/16 → 30/04/21