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Health Behavior & Health Systems  
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## Area of Expertise

My research has focused mainly on health literacy, the ability for people to obtain, read, understand, and use healthcare information in order to make appropriate health decisions and follow instructions for treatment. As such, one of my studies focused on Implantable Medical Device websites which were found to not only be too complex, but devoid of many behavioral theory constructs to educate or empower people to make informed decisions.

Currently, I am working on a study with Meals on Wheels, Inc. of Tarrant County, Texas, to validate a health literacy screening tool for the homebound population over age 65. This will allow providers to spend more time coaching people and engaging them with appropriate health and nutrition resources to maintain their health and wellness. Subsequently, they will be better able to remain in their own homes as they age.

## Qualifications

DPH, UNT Health Science Center

MS in Nutrition/Food/Dietetics, Texas Woman's University

BS in Dietetics, Texas Christian University

## Publications

### **Addressing Systemic Health Literacy Issues and Patient Safety through a Grassroots Collaborative**

Wagner, T. L. & Howe, C., 2 Jan 2019, In : Journal of Consumer Health on the Internet. 23, 1, p. 62-69 8 p.

### **Health Literacy for an Aging Population: Evaluating Online Tools for the Homebound over Age 65**

Wagner, T. L., Blevins, D., Lopez, J. & Liu, J., 2 Oct 2018, In : Journal of Consumer Health on the Internet. 22, 4, p. 371-381 11 p.

### **Implantable Medical Device Website Efficacy in Informing Consumers Weighing Benefits/Risks of Health Care Options**

Wagner, T. L., Lindstadt, C., Jeon, Y. & Mackert, M., 1 Aug 2016, In : Journal of Health Communication. 21, p. 121-126 6 p.

### **Medical Foods: An Investment in the Future of Children With Inborn Errors of Metabolism**

Wagner, T. & Carlson, E., 6 Jun 2015, In : Infant, Child, and Adolescent Nutrition. 7, 3, p. 129-130 2 p.

## Sponsored Projects

### **Abating Maternal Mortality: Development of an Innovative Curriculum**

Wagner, T.

Asso of Teachers of Mtrnl & Chld Health

1/11/18 → 31/05/19

### **Creating Solutions for a Healthier Community: A Proposal to Host NN/LM's SCR RML**

Wagner, T.

NLM: National Library of Medicine

1/05/16 → 30/04/21