

Sarah Ross, DO  
Internal Medicine & Geriatrics  
Texas College of Osteopathic Medicine  
Email: SarahE.Ross@unthsc.edu



## Area of Expertise

Dr. Sarah Ross feels that her job as a physician is not to make all of the decisions for patients. Rather, she's there to educate them on their choices and the possible risks and benefits of each option. A bilingual doctor, Dr. Ross enjoys taking care of Spanish-speaking patients. She is board certified in family medicine, geriatrics, and palliative care. As an Assistant Professor, she believes the patient is the best teacher for herself and her students. Dr. Ross encourages students to learn how to interact with older adults. She wants students to recognize the importance of "caring for the caregivers" of patients with dementia to ensure they have the necessary tools and support. For research, her interests include dementia, the Latino population, health literacy, and patient self-management of chronic diseases. Dr. Ross is a member of the American Geriatric Society (AGS), American Academy of Hospice and Palliative Medicine (AAHPM), and American Medical Directors Association (AMDA). She belongs to the Texas Geriatrics Society, Texas Medical Directors Association (TGS/TMDA), and American Osteopathic Association (AOA).

## Qualifications

BS in Chemistry, Brigham Young University  
MS in Clinical Research, UNT Health Science Center  
DO, UNT Health Science Center

## Sponsored Projects

### **An Interprofessional Approach to Patient Safety Improvement in Skilled Nursing Facilities**

Ross, S.

Intramural Research(UNTHSC)

1/01/17 → 30/06/18

### **Consortium of Alzheimer's Disease Centers**

Fairchild, T., Knebl, J., Harty, B., Wiechmann, A. & Ross, S.

Alzheimer's Disease Program

1/09/16 → 31/08/17

### **Workforce Enhancement Healthy Aging and Independent Living (WE HAIL)**

Knebl, J. & Ross, S.

Health Resources & Service Administratio

1/07/15 → 30/06/19

### **Workforce Enhancement Healthy Aging and Independent Living (WE HAIL)**

Knebl, J., Fairchild, T., Severance, J., Fulda, K., Ross, S. & Bugnariu, N.

Health Resources & Service Administratio

1/07/15 → 30/06/19