

Misti Zablosky, PhD, LAT  
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Lifestyle Health Sciences  
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### **Area of Expertise**

Before joining UNTHSC she worked as an Associate Professor of Health and Wellness at Paul Quinn College. At PQC, she developed and implemented curriculum for a new Bachelor's degree program in Health and Wellness. Dr. Zablosky is interested in how health and wellness coaching can be used to help others implement physical activity into their daily lives.

### **Qualifications**

PhD in Kinesiology, Texas Woman's University  
MS in Kinesiology, University of North Texas  
BS in Exercise Science, Tarleton State University