

Kendi Hensel, DO
Family Medicine and Osteopathic Manipulative Medicine
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Area of Expertise

Dr. Hensel is passionate about osteopathic manipulative medicine. In 2018, she was selected President-elect of the American Academy of Osteopathy (AAO), a national organization of about 9,000 physicians and students. Dr. Hensel also served on the American Osteopathic Association's Bureau of Osteopathic Clinical Education and Research, and is an associate editor for The Journal of the American Osteopathic Association. She chairs the American Association of Colleges of Osteopathic Medicine's Education Council on Osteopathic Principles and is a member of the Osteopathic Cranial Academy and the American College of Osteopathic Family Physicians.

Qualifications

BS in Liberal Arts & Sci, Gen, Northwestern State University of LA
DO, Oklahoma State University
PhD in OMM Clinical Research and Education, UNT Health Science Center

Recent Publications

Profession-based manual therapy nomenclature: exploring history, limitations, and opportunities

Degenhardt, B., van Dun, P. L. S., Jacobson, E., Fritz, S., Mettler, P., Kettner, N., Kelley-Franklin, G., Hensel, K., Lesondak, D., Consorti, G., Frank, L., Reed, W. R., MacDonald, C., Kremen, V., Martin, C., Landels, B. & Standley, P., 2024, In: Journal of Manual and Manipulative Therapy. 32, 1, p. 96-110 15 p.

Effects of osteopathic manipulative treatment vs. osteopathic cranial manipulative medicine on Parkinsonian gait

Terrell, Z. T., Moudy, S. C., Hensel, K. L. & Patterson, R. M., 1 May 2022, In: Journal of Osteopathic Medicine. 122, 5, p. 243-251 9 p.

Does compression of the fourth ventricle cause preterm labor? Analysis of data from the PROMOTE study

Hensel, K. L. & Roane, B. M., Oct 2019, In: Journal of the American Osteopathic Association. 119, 10, p. 668-672 5 p.

Foreword

Hensel, K., 17 Dec 2018, *Foundations of Osteopathic Medicine: Philosophy, Science, Clinical Applications, and Research: Fourth Edition*. Wolters Kluwer Health Pharma Solutions (Europe) Ltd

Osteopathic Manipulative Treatment Alters Gastric Myoelectric Activity in Healthy Subjects

Shadiack, E., Jouett, N., Van Den Raadt, A., Liganor, R., Watters, J., Hensel, K. & Smith, M., Dec 2018, In: Journal of Alternative and Complementary Medicine. 24, 12, p. 1176-1180 5 p.

Response

Hensel, K. L., Roane, B. M. & Smith-Barbaro, P., May 2017, In: Journal of the American Osteopathic Association. 117, 5, p. 290 1 p.

Short leg syndrome: A common cause of low back pain

Hensel, K. & Crapo, P., 1 Nov 2016, In: Osteopathic Family Physician. 8, 6, p. 26-31 6 p.

Pregnancy research on osteopathic manipulation optimizing treatment effects: The PROMOTE study protocol

Hensel, K. L., Carnes, M. S. & Stoll, S. T., Nov 2016, In: Journal of the American Osteopathic Association. 116, 11, p. 716-724 9 p.

PROMOTE study: Safety of osteopathic manipulative treatment during the third trimester by labor and delivery outcomes
Hensel, K. L., Roane, B. M., Chaphekar, A. V. & Smith-Barbaro, P., Nov 2016, In: Journal of the American Osteopathic Association. 116, 11, p. 698-703 6 p.

American Osteopathic Association guidelines for osteopathic manipulative treatment (OMT) for patients with low back pain
Task Force on the Low Back Pain Clinical Practice Guidelines, Aug 2016, In: Journal of the American Osteopathic Association. 116, 8, p. 536-549 14 p.

Sponsored Projects

Effect of Palpatory Neuromodulation of the Trigeminal Nerve for Tenderness in the Posterior Neck

Hensel, K. (PI)
American Osteopathic Association
1/09/18 → 28/02/20

Effects of OMT on Gait Kinematics and Postural Control in Parkinson Disease

Hensel, K. (PI), Patterson, R. (Col), Bugnariu, N. (Col), Mason, D. (Col), Seals, R. (Col) & Quiben, M. (Col)
American Osteopathic Association
1/09/16 → 31/08/18

Effects of Osteopathic Manipulative Treatment on Tongue Pressures in Infants

Hensel, K. (PI) & Nelsen, M. (Col)
American Academy of Osteopathy
1/03/22 → 28/02/23

Osteopathic Manipulative Medicine in Pregnancy: Physiologic and Clinical Effects

Hensel, K. (PI)
NCCAM: National Center for Complementary and Alternative Medicine
30/09/09 → 30/06/12

Osteopathic Manipulative Medicine in Pregnancy: Physiologic and Clinical Effects

Hensel, K. (PI)
National Center for Complementary and Integrative Health
30/09/06 → 30/06/12

Osteopathic Manipulative Medicine in Pregnancy: Physiologic and Clinical Effects

Hensel, K. (PI)
30/09/06 → 30/06/10

Use of high-precision Phase Contrast MRI flow technique to assess changes in cerebral blood flow before and after OMM in mild cognitive impairment

Hensel, K. (PI)
American Osteopathic Association
1/09/22 → 28/02/24

Wrist-Based Non-Invasive Wearable Sensors for Continuous Blood Pressure Monitoring using Pulse Transit Time

Shi, X. (PI) & Hensel, K. (Col)
Intramural Research(TxMRC)
1/05/13 → 30/04/14